

## Wettkampf 28 - 400m Freistil weiblich (Vorlauf)

DR: 03:59,12 - Köhler, Sarah (SG Frankfurt) am 17.12.2017 in Copenhagen (DEN)

### **Pflichtzeiten**

2006 bis 2007: 05:20,00 2004 bis 2005: 05:10,00 2002 bis 2003: 05:00,00 2007 und älter: 04:50,00

### **Jahrgang 2006/2007**

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Margarethe Gershkovska	2006	SC Chemnitz von 1892	04:57,25	491
	50m: 00:32,91 (00:32,91)   100m: 01:09,61 (00:36,70)   150m: 01:46,93 (00:37,32) 200m: 02:25,31 (00:38,38)   250m: 03:03,69 (00:38,38)   300m: 03:42,20 (00:38,51) 350m: 04:20,22 (00:38,02)   400m: 04:57,25 (00:37,03)				
2.	Selina Müller	2006	SSG Leipzig e.V.	05:07,88	441
	50m: 00:33,36 (00:33,36)   100m: 01:10,59 (00:37,23)   150m: 01:48,75 (00:38,16) 200m: 02:27,56 (00:38,81)   250m: 03:07,00 (00:39,44)   300m: 03:47,44 (00:40,44) 350m: 04:27,71 (00:40,27)   400m: 05:07,88 (00:40,17)				
3.	Nelly Onischke	2007	SC Chemnitz von 1892	05:13,03	420
	50m: 00:34,26 (00:34,26)   100m: 01:13,07 (00:38,81)   150m: 01:52,88 (00:39,81) 200m: 02:33,28 (00:40,40)   250m: 03:13,79 (00:40,51)   300m: 03:54,81 (00:41,02) 350m: 04:34,79 (00:39,98)   400m: 05:13,03 (00:38,24)				
	<u>nicht am Start</u>				
	Lise Seidel	2006	SC Chemnitz von 1892		EnM

### **Jahrgang 2004/2005**

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Emily Schnee	2004	SC Chemnitz von 1892	04:38,79	595
	50m: 00:30,94 (00:30,94)   100m: 01:05,84 (00:34,90)   150m: 01:41,30 (00:35,46) 200m: 02:17,28 (00:35,98)   250m: 02:53,23 (00:35,95)   300m: 03:29,06 (00:35,83) 350m: 04:04,79 (00:35,73)   400m: 04:38,79 (00:34,00)				
2.	Franziska Grammlich	2005	USV TU Dresden e.V. 1	04:42,77	570
	50m: 00:31,19 (00:31,19)   100m: 01:06,73 (00:35,54)   150m: 01:43,27 (00:36,54) 200m: 02:19,97 (00:36,70)   250m: 02:56,60 (00:36,63)   300m: 03:32,58 (00:35,98) 350m: 04:08,82 (00:36,24)   400m: 04:42,77 (00:33,95)				
3.	Lisa Marie Berentzik	2005	SSV Leutzsch	04:42,80	570
	50m: 00:31,37 (00:31,37)   100m: 01:06,69 (00:35,32)   150m: 01:42,78 (00:36,09) 200m: 02:19,01 (00:36,23)   250m: 02:55,61 (00:36,60)   300m: 03:32,03 (00:36,42) 350m: 04:08,60 (00:36,57)   400m: 04:42,80 (00:34,20)				
4.	Bente Peuker	2004	SSV Freiberg	04:42,88	569
	50m: 00:31,71 (00:31,71)   100m: 01:07,17 (00:35,46)   150m: 01:44,00 (00:36,83) 200m: 02:21,34 (00:37,34)   250m: 02:57,89 (00:36,55)   300m: 03:34,81 (00:36,92) 350m: 04:09,77 (00:34,96)   400m: 04:42,88 (00:33,11)				
5.	Hannah Vollmer	2005	SSG Leipzig e.V.	04:43,52	565
	50m: 00:30,29 (00:30,29)   100m: 01:04,72 (00:34,43)   150m: 01:40,74 (00:36,02) 200m: 02:17,50 (00:36,76)   250m: 02:54,24 (00:36,74)   300m: 03:30,74 (00:36,50) 350m: 04:07,79 (00:37,05)   400m: 04:43,52 (00:35,73)				
6.	Paula Friebe	2005	SC Chemnitz von 1892	04:45,27	555
	50m: 00:32,04 (00:32,04)   100m: 01:07,38 (00:35,34)   150m: 01:42,89 (00:35,51) 200m: 02:19,04 (00:36,15)   250m: 02:55,60 (00:36,56)   300m: 03:32,29 (00:36,69) 350m: 04:09,34 (00:37,05)   400m: 04:45,27 (00:35,93)				

## noch Wettkampf 28 - 400m Freistil weiblich (Vorlauf)

### noch Jahrgang 2004/2005

Platz	Schwimmerin	Jg.	Verein	Endzeit	
7.	Kora Michell Steinkopf	2005	SC Chemnitz von 1892	04:49,62	530
	50m: 00:31,56 (00:31,56)   100m: 01:06,79 (00:35,23)   150m: 01:43,45 (00:36,66) 200m: 02:20,79 (00:37,34)   250m: 02:58,00 (00:37,21)   300m: 03:35,09 (00:37,09) 350m: 04:12,92 (00:37,83)   400m: 04:49,62 (00:36,70)				
8.	Josefina Schmidt	2004	SSV Leutzsch	05:04,32	457
	50m: 00:33,77 (00:33,77)   100m: 01:11,30 (00:37,53)   150m: 01:49,56 (00:38,26) 200m: 02:28,60 (00:39,04)   250m: 03:07,71 (00:39,11)   300m: 03:46,52 (00:38,81) 350m: 04:26,03 (00:39,51)   400m: 05:04,32 (00:38,29)				

### Juniorinnen

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Magdalena Heimrath	2003	SC Chemnitz von 1892	04:25,92	685
	50m: 00:30,50 (00:30,50)   100m: 01:03,47 (00:32,97)   150m: 01:37,18 (00:33,71) 200m: 02:10,87 (00:33,69)   250m: 02:44,46 (00:33,59)   300m: 03:18,84 (00:34,38) 350m: 03:52,77 (00:33,93)   400m: 04:25,92 (00:33,15)				
2.	Anna Elisabeth Schneiderheinze	2002	SSG Leipzig e.V.	04:33,36	631
	50m: 00:30,57 (00:30,57)   100m: 01:04,19 (00:33,62)   150m: 01:38,53 (00:34,34) 200m: 02:13,28 (00:34,75)   250m: 02:48,42 (00:35,14)   300m: 03:23,77 (00:35,35) 350m: 03:58,95 (00:35,18)   400m: 04:33,36 (00:34,41)				
3.	Josefine Fischer	2003	SSG Leipzig e.V.	04:36,47	610
	50m: 00:30,47 (00:30,47)   100m: 01:04,46 (00:33,99)   150m: 01:39,30 (00:34,84) 200m: 02:14,47 (00:35,17)   250m: 02:49,79 (00:35,32)   300m: 03:25,54 (00:35,75) 350m: 04:01,49 (00:35,95)   400m: 04:36,47 (00:34,98)				
4.	Emily Schnee	2004	SC Chemnitz von 1892	04:38,79	595
	50m: 00:30,94 (00:30,94)   100m: 01:05,84 (00:34,90)   150m: 01:41,30 (00:35,46) 200m: 02:17,28 (00:35,98)   250m: 02:53,23 (00:35,95)   300m: 03:29,06 (00:35,83) 350m: 04:04,79 (00:35,73)   400m: 04:38,79 (00:34,00)				
5.	Franziska Grammlich	2005	USV TU Dresden e.V. 1	04:42,77	570
	50m: 00:31,19 (00:31,19)   100m: 01:06,73 (00:35,54)   150m: 01:43,27 (00:36,54) 200m: 02:19,97 (00:36,70)   250m: 02:56,60 (00:36,63)   300m: 03:32,58 (00:35,98) 350m: 04:08,82 (00:36,24)   400m: 04:42,77 (00:33,95)				
6.	Lisa Marie Berentzik	2005	SSV Leutzsch	04:42,80	570
	50m: 00:31,37 (00:31,37)   100m: 01:06,69 (00:35,32)   150m: 01:42,78 (00:36,09) 200m: 02:19,01 (00:36,23)   250m: 02:55,61 (00:36,60)   300m: 03:32,03 (00:36,42) 350m: 04:08,60 (00:36,57)   400m: 04:42,80 (00:34,20)				
7.	Bente Peuker	2004	SSV Freiberg	04:42,88	569
	50m: 00:31,71 (00:31,71)   100m: 01:07,17 (00:35,46)   150m: 01:44,00 (00:36,83) 200m: 02:21,34 (00:37,34)   250m: 02:57,89 (00:36,55)   300m: 03:34,81 (00:36,92) 350m: 04:09,77 (00:34,96)   400m: 04:42,88 (00:33,11)				
8.	Hannah Vollmer	2005	SSG Leipzig e.V.	04:43,52	565
	50m: 00:30,29 (00:30,29)   100m: 01:04,72 (00:34,43)   150m: 01:40,74 (00:36,02) 200m: 02:17,50 (00:36,76)   250m: 02:54,24 (00:36,74)   300m: 03:30,74 (00:36,50) 350m: 04:07,79 (00:37,05)   400m: 04:43,52 (00:35,73)				
9.	Paula Friebe	2005	SC Chemnitz von 1892	04:45,27	555
	50m: 00:32,04 (00:32,04)   100m: 01:07,38 (00:35,34)   150m: 01:42,89 (00:35,51) 200m: 02:19,04 (00:36,15)   250m: 02:55,60 (00:36,56)   300m: 03:32,29 (00:36,69) 350m: 04:09,34 (00:37,05)   400m: 04:45,27 (00:35,93)				

## noch Wettkampf 28 - 400m Freistil weiblich (Vorlauf)

### noch Juniorinnen

Platz	Schwimmerin	Jg.	Verein	Endzeit	
10.	Kora Michell Steinkopf	2005	SC Chemnitz von 1892	04:49,62	530
	50m: 00:31,56 (00:31,56)   100m: 01:06,79 (00:35,23)   150m: 01:43,45 (00:36,66) 200m: 02:20,79 (00:37,34)   250m: 02:58,00 (00:37,21)   300m: 03:35,09 (00:37,09) 350m: 04:12,92 (00:37,83)   400m: 04:49,62 (00:36,70)				
11.	Judith Jaenicke-Rößler	2003	SSV Freiberg	04:52,08	517
	50m: 00:32,08 (00:32,08)   100m: 01:08,85 (00:36,77)   150m: 01:45,93 (00:37,08) 200m: 02:23,70 (00:37,77)   250m: 03:01,21 (00:37,51)   300m: 03:38,95 (00:37,74) 350m: 04:16,37 (00:37,42)   400m: 04:52,08 (00:35,71)				
12.	Margarethe Gershkovska	2006	SC Chemnitz von 1892	04:57,25	491
	50m: 00:32,91 (00:32,91)   100m: 01:09,61 (00:36,70)   150m: 01:46,93 (00:37,32) 200m: 02:25,31 (00:38,38)   250m: 03:03,69 (00:38,38)   300m: 03:42,20 (00:38,51) 350m: 04:20,22 (00:38,02)   400m: 04:57,25 (00:37,03)				
13.	Josefina Schmidt	2004	SSV Leutzsch	05:04,32	457
	50m: 00:33,77 (00:33,77)   100m: 01:11,30 (00:37,53)   150m: 01:49,56 (00:38,26) 200m: 02:28,60 (00:39,04)   250m: 03:07,71 (00:39,11)   300m: 03:46,52 (00:38,81) 350m: 04:26,03 (00:39,51)   400m: 05:04,32 (00:38,29)				
14.	Selina Müller	2006	SSG Leipzig e.V.	05:07,88	441
	50m: 00:33,36 (00:33,36)   100m: 01:10,59 (00:37,23)   150m: 01:48,75 (00:38,16) 200m: 02:27,56 (00:38,81)   250m: 03:07,00 (00:39,44)   300m: 03:47,44 (00:40,44) 350m: 04:27,71 (00:40,27)   400m: 05:07,88 (00:40,17)				
15.	Nelly Onischke	2007	SC Chemnitz von 1892	05:13,03	420
	50m: 00:34,26 (00:34,26)   100m: 01:13,07 (00:38,81)   150m: 01:52,88 (00:39,81) 200m: 02:33,28 (00:40,40)   250m: 03:13,79 (00:40,51)   300m: 03:54,81 (00:41,02) 350m: 04:34,79 (00:39,98)   400m: 05:13,03 (00:38,24)				
	<u>nicht am Start</u>				
	Amrei Marius le Prince	2002	SSG Leipzig e.V.		EnM
	Emma Friebel	2003	SC Chemnitz von 1892		EnM
	Leonie Nötzel	2002	SC Chemnitz von 1892		EnM

### Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Marie Pietruschka	1995	SSG Leipzig e.V.	04:15,30	775
	50m: 00:29,94 (00:29,94)   100m: 01:01,53 (00:31,59)   150m: 01:33,83 (00:32,30) 200m: 02:06,88 (00:33,05)   250m: 02:39,88 (00:33,00)   300m: 03:12,71 (00:32,83) 350m: 03:44,70 (00:31,99)   400m: 04:15,30 (00:30,60)				
2.	Magdalena Heimrath	2003	SC Chemnitz von 1892	04:25,92	685
	50m: 00:30,50 (00:30,50)   100m: 01:03,47 (00:32,97)   150m: 01:37,18 (00:33,71) 200m: 02:10,87 (00:33,69)   250m: 02:44,46 (00:33,59)   300m: 03:18,84 (00:34,38) 350m: 03:52,77 (00:33,93)   400m: 04:25,92 (00:33,15)				
3.	Alisa Fatum	1995	SSV Leutzsch	04:30,47	651
	50m: 00:30,71 (00:30,71)   100m: 01:04,07 (00:33,36)   150m: 01:38,25 (00:34,18) 200m: 02:12,31 (00:34,06)   250m: 02:46,64 (00:34,33)   300m: 03:21,49 (00:34,85) 350m: 03:56,73 (00:35,24)   400m: 04:30,47 (00:33,74)				
4.	Kyra Schubert	2001	STV Limbach-Oberfrohna e. V.	04:32,97	634
	50m: 00:30,77 (00:30,77)   100m: 01:04,23 (00:33,46)   150m: 01:38,57 (00:34,34) 200m: 02:13,48 (00:34,91)   250m: 02:48,82 (00:35,34)   300m: 03:24,09 (00:35,27) 350m: 03:58,82 (00:34,73)   400m: 04:32,97 (00:34,15)				

## noch Wettkampf 28 - 400m Freistil weiblich (Vorlauf)

### noch Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit	
5.	Anna Elisabeth Schneiderheinze	2002	SSG Leipzig e.V.	04:33,36	631
	50m: 00:30,57 (00:30,57)   100m: 01:04,19 (00:33,62)   150m: 01:38,53 (00:34,34) 200m: 02:13,28 (00:34,75)   250m: 02:48,42 (00:35,14)   300m: 03:23,77 (00:35,35) 350m: 03:58,95 (00:35,18)   400m: 04:33,36 (00:34,41)				
6.	Josefine Fischer	2003	SSG Leipzig e.V.	04:36,47	610
	50m: 00:30,47 (00:30,47)   100m: 01:04,46 (00:33,99)   150m: 01:39,30 (00:34,84) 200m: 02:14,47 (00:35,17)   250m: 02:49,79 (00:35,32)   300m: 03:25,54 (00:35,75) 350m: 04:01,49 (00:35,95)   400m: 04:36,47 (00:34,98)				
7.	Emily Schnee	2004	SC Chemnitz von 1892	04:38,79	595
	50m: 00:30,94 (00:30,94)   100m: 01:05,84 (00:34,90)   150m: 01:41,30 (00:35,46) 200m: 02:17,28 (00:35,98)   250m: 02:53,23 (00:35,95)   300m: 03:29,06 (00:35,83) 350m: 04:04,79 (00:35,73)   400m: 04:38,79 (00:34,00)				
8.	Franziska Grammlich	2005	USV TU Dresden e.V. 1	04:42,77	570
	50m: 00:31,19 (00:31,19)   100m: 01:06,73 (00:35,54)   150m: 01:43,27 (00:36,54) 200m: 02:19,97 (00:36,70)   250m: 02:56,60 (00:36,63)   300m: 03:32,58 (00:35,98) 350m: 04:08,82 (00:36,24)   400m: 04:42,77 (00:33,95)				
9.	Lisa Marie Berentzik	2005	SSV Leutzsch	04:42,80	570
	50m: 00:31,37 (00:31,37)   100m: 01:06,69 (00:35,32)   150m: 01:42,78 (00:36,09) 200m: 02:19,01 (00:36,23)   250m: 02:55,61 (00:36,60)   300m: 03:32,03 (00:36,42) 350m: 04:08,60 (00:36,57)   400m: 04:42,80 (00:34,20)				
10.	Bente Peuker	2004	SSV Freiberg	04:42,88	569
	50m: 00:31,71 (00:31,71)   100m: 01:07,17 (00:35,46)   150m: 01:44,00 (00:36,83) 200m: 02:21,34 (00:37,34)   250m: 02:57,89 (00:36,55)   300m: 03:34,81 (00:36,92) 350m: 04:09,77 (00:34,96)   400m: 04:42,88 (00:33,11)				
11.	Hannah Vollmer	2005	SSG Leipzig e.V.	04:43,52	565
	50m: 00:30,29 (00:30,29)   100m: 01:04,72 (00:34,43)   150m: 01:40,74 (00:36,02) 200m: 02:17,50 (00:36,76)   250m: 02:54,24 (00:36,74)   300m: 03:30,74 (00:36,50) 350m: 04:07,79 (00:37,05)   400m: 04:43,52 (00:35,73)				
12.	Paula Friebel	2005	SC Chemnitz von 1892	04:45,27	555
	50m: 00:32,04 (00:32,04)   100m: 01:07,38 (00:35,34)   150m: 01:42,89 (00:35,51) 200m: 02:19,04 (00:36,15)   250m: 02:55,60 (00:36,56)   300m: 03:32,29 (00:36,69) 350m: 04:09,34 (00:37,05)   400m: 04:45,27 (00:35,93)				
13.	Kora Michell Steinkopf	2005	SC Chemnitz von 1892	04:49,62	530
	50m: 00:31,56 (00:31,56)   100m: 01:06,79 (00:35,23)   150m: 01:43,45 (00:36,66) 200m: 02:20,79 (00:37,34)   250m: 02:58,00 (00:37,21)   300m: 03:35,09 (00:37,09) 350m: 04:12,92 (00:37,83)   400m: 04:49,62 (00:36,70)				
14.	Judith Jaenicke-Rößler	2003	SSV Freiberg	04:52,08	517
	50m: 00:32,08 (00:32,08)   100m: 01:08,85 (00:36,77)   150m: 01:45,93 (00:37,08) 200m: 02:23,70 (00:37,77)   250m: 03:01,21 (00:37,51)   300m: 03:38,95 (00:37,74) 350m: 04:16,37 (00:37,42)   400m: 04:52,08 (00:35,71)				
15.	Margarethe Gershkovska	2006	SC Chemnitz von 1892	04:57,25	491
	50m: 00:32,91 (00:32,91)   100m: 01:09,61 (00:36,70)   150m: 01:46,93 (00:37,32) 200m: 02:25,31 (00:38,38)   250m: 03:03,69 (00:38,38)   300m: 03:42,20 (00:38,51) 350m: 04:20,22 (00:38,02)   400m: 04:57,25 (00:37,03)				
16.	Josefina Schmidt	2004	SSV Leutzsch	05:04,32	457
	50m: 00:33,77 (00:33,77)   100m: 01:11,30 (00:37,53)   150m: 01:49,56 (00:38,26) 200m: 02:28,60 (00:39,04)   250m: 03:07,71 (00:39,11)   300m: 03:46,52 (00:38,81) 350m: 04:26,03 (00:39,51)   400m: 05:04,32 (00:38,29)				

## noch Wettkampf 28 - 400m Freistil weiblich (Vorlauf)

### noch Offene Wertung

Platz	Schwimmerin	Jg.	Verein	Endzeit	
17.	Selina Müller	2006	SSG Leipzig e.V.	05:07,88	441
	50m: 00:33,36 (00:33,36)   100m: 01:10,59 (00:37,23)   150m: 01:48,75 (00:38,16) 200m: 02:27,56 (00:38,81)   250m: 03:07,00 (00:39,44)   300m: 03:47,44 (00:40,44) 350m: 04:27,71 (00:40,27)   400m: 05:07,88 (00:40,17)				
18.	Nelly Onischke	2007	SC Chemnitz von 1892	05:13,03	420
	50m: 00:34,26 (00:34,26)   100m: 01:13,07 (00:38,81)   150m: 01:52,88 (00:39,81) 200m: 02:33,28 (00:40,40)   250m: 03:13,79 (00:40,51)   300m: 03:54,81 (00:41,02) 350m: 04:34,79 (00:39,98)   400m: 05:13,03 (00:38,24)				

#### nicht am Start

Lia Neubert 2000 SSG Leipzig e.V. EnM